



# Saudi Heart Association



## Testing Checklist # 1: HSFA Adult CPR/AED

Student Name: \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_

**Lead in Scenario:** While walking, you witnessed someone fainted in front of you. What will be your actions?

| PERFORMANCE EVALUTION  |                               |           |          |
|--|-------------------------------|-----------|----------|
| Required Elements  | Performed Correctly           |           | Comments |
|  | YES                           | NO        |          |
|  | <b>One Rescuer Assessment</b> |           |          |
| Scene Safety   |                               |           |          |
| Check the victim's response  |                               |           |          |
| Shout for help and ask for AED   |                               |           |          |
| Check Breathing (5-10 sec)   |                               |           |          |
| <b>Compression</b>   |                               |           |          |
| Hands Placements (lower half of the chest bone)  |                               |           |          |
| Depth (at least 2in/5cm)   |                               |           |          |
| Rate (100-120/min)   |                               |           |          |
| Complete Chest Recoil  |                               |           |          |
| 30 Chest Compressions  |                               |           |          |
| <b>Breathing</b>   |                               |           |          |
| Provide two breaths (Each breath has to be over one second with visible chest rise)                            |                               |           |          |
| Return to compressions within 10 seconds   |                               |           |          |
| <b>Instructor Says: The AED is here, Use it</b>  |                               |           |          |
| Power on   |                               |           |          |
| Follow the AED prompts (attach the pads and plug into the connector, clear to analyze and clear to give shock) |                               |           |          |
|  |                               |           |          |
| <b>Result</b>  | <b>Pass</b>                   | <b>NR</b> |          |
|  |                               |           |          |

Evaluator's Name: \_\_\_\_\_ ID# \_\_\_\_\_ Signature: \_\_\_\_\_